Pursuant to the provisions of subsection 7 of NRS 629.051,

"The health care records of a person who is less than 23 years may not be destroyed: and The health care records of a person who has attained the age of 23 may be destroyed for those records which have been retained for at least 5 years or longer period provided by federal law; and except as otherwise provided In subsection 7 of NRS 629.051 and unless a longer period is provided by federal law, the health care records of a patient who is 23 years of age or older may be destroyed after 5 years pursuant to subsection 1 of NRS 629.051.